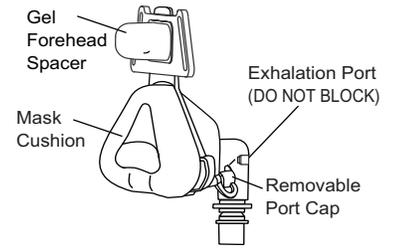


The Profile Lite Custom Nasal Mask and Headstrap are intended to provide an interface for adult patients when used with Respironics CPAP or bi-level therapy. The mask is designed to conform to the shape of your face and contains an exhalation port that provides a continuous leak path in the patient circuit. This mask does not require the use of a separate exhalation device. LATEX-FREE



**Caution:** US federal law restricts this device to sale by or on the order of a physician.

**Warning:** The Profile Lite mask is designed for use with CPAP and bi-level systems recommended by your physician or respiratory therapist. Do not wear this mask unless the CPAP or bi-level system is turned on and operating properly.

**Warning:** This warning applies to most CPAP devices. At low CPAP pressures, the air flow through the exhalation port may not be enough to clear all of the exhaled gas (CO<sub>2</sub>) from the mask. You may breathe in some of the air that you have exhaled. Do not block or otherwise try to seal the vent holes on the exhalation port.

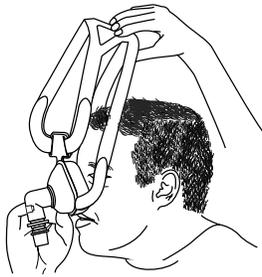
**Warning:** The Profile Lite mask can be reformed using boiling water. Take care when handling the heated water and the heated mask. Read all instructions before starting the procedure.

**Warning:** Some users may experience skin redness. If this occurs, consult your doctor.

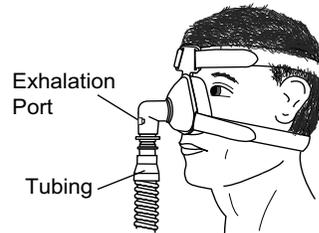
**Caution:** Do not heat the mask by placing it into a microwave or conventional oven. The mask will be damaged.

**Assembly:** Before use, clean the mask and gel forehead spacer following the instructions below.

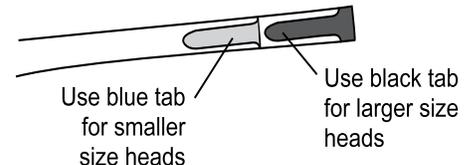
**Step 1** Hold the mask lightly against your face, and slide the headstrap over your head.



**Step 2** Connect the flexible tubing to the exhalation elbow. Turn the CPAP or bi-level system on.



**Step 3** Lie down and breathe normally through your nose, keeping your lips closed. Unhook the straps and gradually tighten them until the mask has minimal leaks and fits comfortably. NOTE: The headstrap has two sets of tabs for better adjustment. For larger size heads, use the black tabs. For smaller head sizes, use the blue tabs. The extra tabs can be removed using a pair of scissors. DO NOT overtighten the straps. Overtightening can cause or worsen leaks.



### Removing the Headstrap & Mask:

Because the entire headstrap stretches, you should not need to unfasten the straps to remove the headstrap. Simply slide the mask and headstrap over your head. If necessary, unfasten either of the neck straps.

### Cleaning Instructions:

**For Multi-Patient Use Reusable.** Contact Respironics Customer Service department at 1-800-345-6443 to obtain the mask Disinfecting instructions (order #1011138).

### The instructions below are intended for Home Use.

Clean all parts of the mask and forehead spacer daily. Clean the headstrap at least once each week or more often if needed. Before cleaning, disconnect the mask and headstrap. Fasten the hook tabs on the straps so that they don't catch other garments in the laundry.

### Mask and Gel Forehead Spacer

**Step 1** Hand wash the mask and spacer in warm water with a mild dishwashing detergent. **Do not** use bleach, alcohol, cleaning solutions containing alcohol, or any strong household cleaners. **Do not** use cleaners containing conditioners or moisturizers.

**Step 2** Rinse thoroughly. Air dry. Make sure the mask is dry before use. Inspect the mask after cleaning. **Replace the mask if any parts are damaged or deteriorated. Replace the spacer if any of the gel material has become exposed. Wash your face with a mild soap and water if it has come in contact with any exposed gel.**

### Headstrap

**Step 1** Hand or machine wash with a standard laundry detergent and warm water. Rinse thoroughly. **Do not** use bleach.

**Step 2** Line dry or machine dry at the medium heat setting.

**NOTE:** Slight readjustment of the straps may be needed after repeated washings.

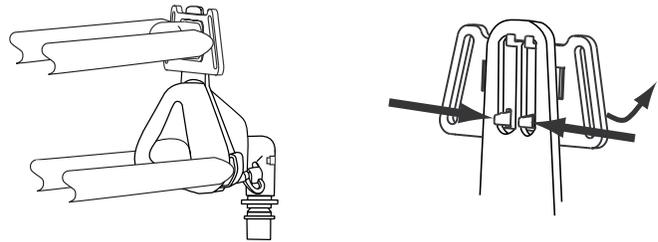
**Reforming the Mask:**

**OPTIONAL - If you are not able to minimize the leaks, you may want to reform the mask to fit your face more closely.**

**Step 1** Remove the headstrap and spacer from the mask.

Fill a container with enough water to cover the entire mask. (*DO NOT put the mask in the water at this time.*) Place the container over heat and bring the water to a boil.

Remove the container from the heat.

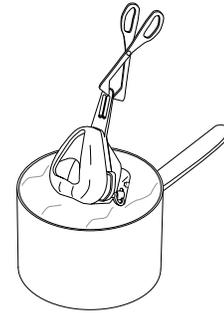


**Step 2** Using tongs or a similar utensil, slowly place the mask into the water being careful to keep the water from spilling over. Soak the mask for four minutes.

Using the tongs again, grab the mask at the extension and remove it from the water. Place the mask in cold water for ten seconds.

Reconnect the spacer and headstrap.

**Warning:** Before placing the mask on your face, be sure the mask has cooled enough to prevent irritation or burning.

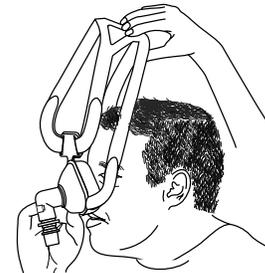


**Step 3** Place the mask on your face in the position you will be wearing it, pressing comfortably against your face. Slide the headgear over your head.

NOTE: Be sure to tighten the headgear to the tension you would normally use.

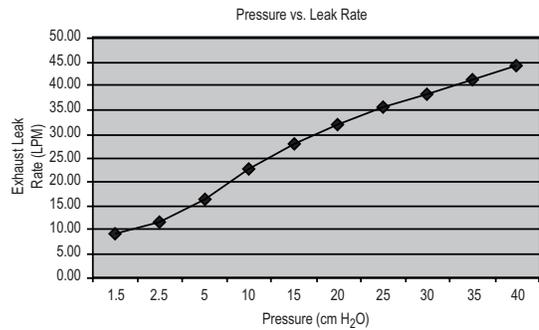
Wear the mask and headgear for five minutes to allow the mask to form to your face.

Remove the mask and headstrap. The mask will maintain its shape.  
NOTE: The mask can be reformed, if necessary, by repeating steps 1 through 3.



**Helpful Tips for Mask Comfort:**

- Clean your face and mask thoroughly before each use.
- Make sure the mask is the correct size for your face.
- Do not overtighten the headstrap. Overtightening can irritate your face, increase leaks, or cause damage to the mask.
- Replace the mask if the cushion becomes hardened or deformed.



**REORDER NUMBERS**

REF	DESCRIPTION	REF	DESCRIPTION
1002370	Profile Lite Mask, Medium-Small	1004088	Profile Lite Mask w/Headstrap, Medium-Small
1002371	Profile Lite Mask, Medium	1004089	Profile Lite Mask w/Headstrap, Medium
1002372	Profile Lite Mask, Medium-Wide	1004110	Profile Lite Mask w/Headstrap, Medium-Wide
1002373	Profile Lite Mask, Large	1004111	Profile Lite Mask w/Headstrap, Large
1002374	Profile Lite Mask, Large-Narrow	1004112	Profile Lite Mask w/Headstrap, Large-Narrow
1002849	Profile Lite Mask, Petite	1004086	Profile Lite Mask w/Headstrap, Petite
1002850	Profile Lite Mask, Small	1004087	Profile Lite Mask w/Headstrap, Small
1004291	Gel Retrofit Spacers, Large	1004395	Exhalation Elbow Kit
1004292	Gel Retrofit Spacers, Small	1002720	Split Washer Kit (5 ea.)
1008869	Gel Retrofit Spacers, X-Large	7041	Mask Swivel



**RESPIRONICS INC.®**  
1001 Murry Ridge Lane  
Murrysville, Pennsylvania  
15668-8550 USA